



ATRACT-packing list for the training camp

JOB IF AVAILABLE - IMPORTANT!

- knife set** (for chefs)
- work clothes** (for service/reception, e.g. white blouses/shirts, black pants/knee-length skirt, belt, bowtie/tie)
- chef clothing** (for chefs)
- Most businesses provide working uniforms!
- formal clothing** (e.g. for the first day of working... white blouse/shirt, black pants, blazer/jacket)
- working shoes** (cooking shoes, service shoes, black shoes, comfortable shoes for housekeeping)
- corkscrew**
- First-Aid-Kit**
- lint roller**

LEISUREWEAR

- warm winter jacket** (temperatures are below 10°C in winter)
- hat, scarf, gloves**
- winter shoes** (suitable for snow)
- ski pants**
- home slippers**
- leisurewear and -shoes**
- sportswear and -shoes**
- bathrobe**
- swimwear, bath towel**
- sunglasses**
- between-seasons-jacket** (spring and autumn)

TOILETRIES

HAND LUGGAGE

- passport** (incl. copy), ID card, drivers license, vaccination certificate
- mobile phone, charger** (evtl. Adapter)
- headphones**
- water bottle**
- cash / credit card/ debit card**
- insurance card and -documents**
- travel pharmacy**

THIS AND THAT

- important medication**
- books**
- laptop / tablet and charger** (possibly adapter)
- favorite snacks from home**
- stationary** (ball pen, pencil, text marker)
- note book**
- backbag** (for hiking, shopping, day trips)
- handbag**
- belt bag**
- alarm clock**
- sun protection**

Bed clothes and towels are provided by the businesses!